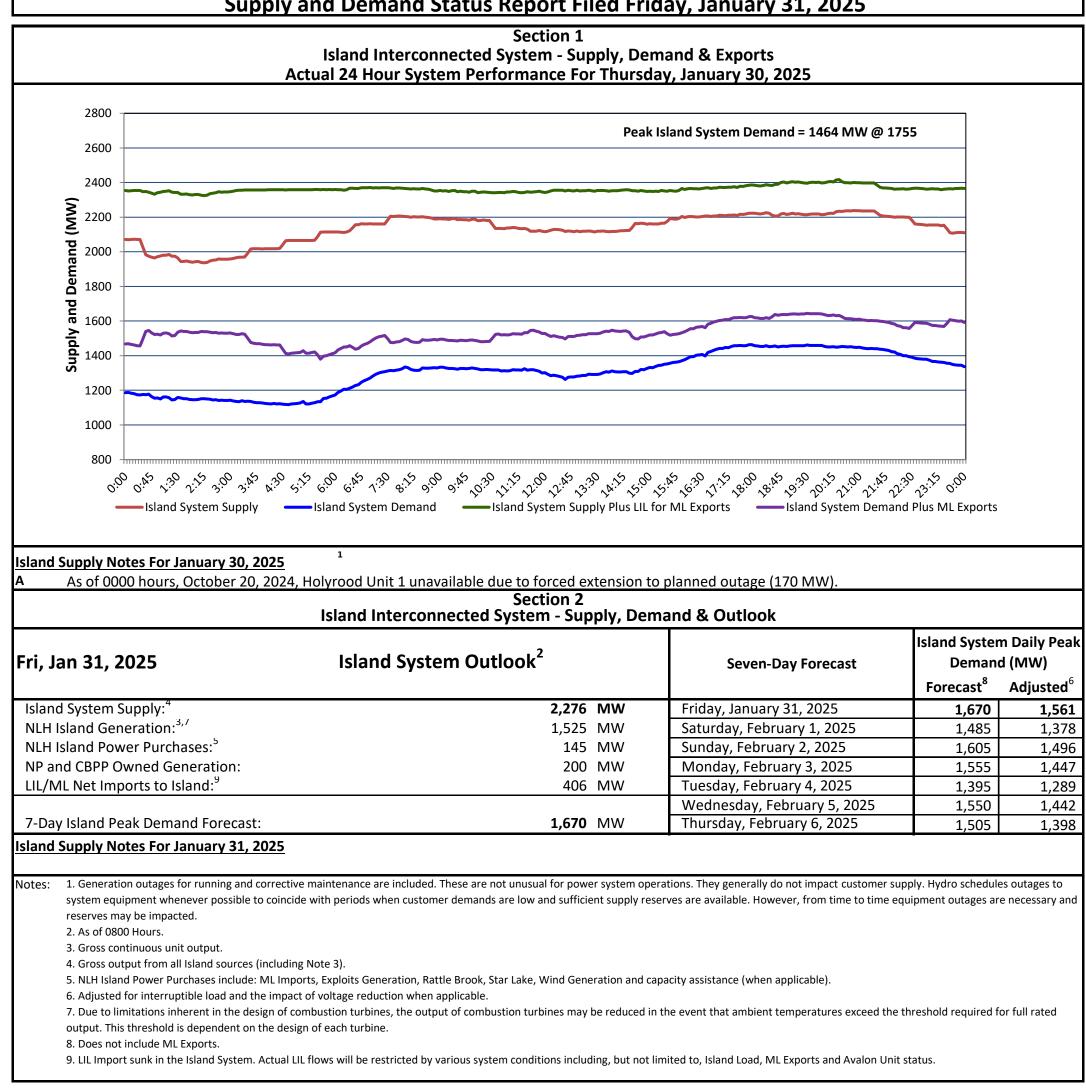
## Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Friday, January 31, 2025



Thu, Jan 30, 2025	Island Peak Demand <sup>10</sup>	17:55	1,464 MW
	Exports at Peak		162 MW
	LIL Net Imports to Island		6,721 MWh
Fri, Jan 31, 2025	Forecast Island Peak Demand		1,670 MW
Notes: 10. Island Demand is supplied Power, DLP).	by NLH generation and purchases, LIL Imports plus generation owned and open	rated by Newfoundland Power and Corner B	rook Pulp & Paper (Deer Lake